

## River Falls Nutrition Program May 2019 Menu

119 Union Street - 715-425-9932

Serving Monday – Friday

***\*\*Due to circumstances beyond our control, menu changes may occur from time to time\*\****

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Suggested Donation for:  Congregate Dining: <b>\$5.00 per meal</b>  Home-delivered Meals: <b>\$6.50 per meal</b>  Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p>		<b>1</b> Pot Roast Mashed Potatoes Squash Chef's Choice Fruit Dinner Roll Dessert	<b>2</b> Ribs & Sauerkraut Baked Potato Asparagus Chef's Choice Fruit Garlic Biscuit Dessert	<b>3</b> Seafood Alfredo Broccoli Chef's Choice Fruit Breadstick Dessert
<b>6</b> BBQ Riblet 5 Way Blend Veggies Chef's Choice Fruit Bread Slice Dessert	<b>7</b> Tater Tot Casserole 5 Way Blend Veggies Chef's Choice Fruit Bread Stick Dessert	<b>8</b> Oven Fried Chicken Mashed Potatoes w/ gravy Winter Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	<b>9</b> Spaghetti & Meat sauce Green Beans Chef's Choice Fruit Garlic Bread Dessert	<b>10</b> Crispy Fish w/ lemon Au Gratin Potatoes Country Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
<b>13</b> Orange Chicken Fried Rice Stir Fry Veggies Chef's Choice Fruit Egg Roll Dessert	<b>14</b> Ham Loaf Au Gratin Potatoes Carrots Chef's Choice Fruit Garlic Biscuit Dessert	<b>15</b> Oven Roasted Turkey Mashed Potatoes w/ gravy Green Bean Casserole Chef's Choice Fruit Dinner Roll Dessert	<b>16</b> Sloppy Joe on Bun Coleslaw Chef's Choice Fruit Chips Dessert	<b>17</b> Lemon Baked Cod Baked Potato California Blend Veggies Chef's Choice Fruit Dinner Roll Dessert
<b>20</b> Chicken Cordon Bleu Au Gratin Potatoes Carrots Chef's Choice Fruit Garlic Biscuit Dessert	<b>21</b> Honey Glazed Ham Sweet Potatoes Green Beans Chef's Choice Fruit Bread Slice Dessert	<b>22</b> Home Style Meatloaf Mashed Potatoes w/ gravy Rutabaga Blend Veggies Chef's Choice Fruit Dinner Roll Dessert	<b>23</b> Loaded Scrambled Eggs French Toast Sticks Bacon/Sausage Chef's Choice Fruit Dessert	<b>24</b> Baked Salmon Au Gratin Potatoes Asparagus Chef's Choice Fruit Dinner Roll Dessert
<b>27</b> Closed 	<b>28</b> Beef Tips over Rice Peas Chef's Choice Fruit Bread Stick Dessert	<b>29</b> Smothered Pork Chop Mashed Potatoes w/ gravy Country Blend Veggies Chef's Dessert Dinner Roll Dessert	<b>30</b> Chicken Drumsticks Au Gratin Potatoes Carrots Chef's Choice Fruit Garlic Biscuit Dessert	<b>31</b> Potato Crunch Pollock Baked Potato 5 Way Blend Veggies Chef's Choice Fruit Dinner Roll Dessert